



# Hair, Skin and Body Spa

136 Ormskirk Road  
Aintree  
L10 3JG

0151 526 4080

[aintree@urbancalmuk.com](mailto:aintree@urbancalmuk.com)



[urbancalm.liverpool](https://www.facebook.com/urbancalm.liverpool)



[@urbancalmuk](https://twitter.com/urbancalmuk)



[@urbancalmuk](https://www.instagram.com/urbancalmuk)

to keep up to date with our offers

# Urban Calm Hair

## Wash and Finish

Short	14.00
Medium	16.00
Long	19.00
Extensions	22.00
Curly Blow	20.00
Curly Blow/Extensions	25.00
Pin Curls or Roller Set	5.00

## Cut and Finish

Short	24.50
Medium	26.50
Long	29.50
Extensions	32.50
Cut and Curly Blow	30.00
Dry Cut	15.50

(1" - 2" max off - long length only)

Dry Cut Fringe	5.50
Child's Cut	7.50
Bridal Hair Trial	25.00
Bridal Hair	35.00
Hair Up	from 20.00
Hair Up Extensions	25.50

## OAP Special - Mon-Tues

Wash & Blow - Short	9.00
- with cut	15.50
Wash & Blow - Medium	11.00
- with cut	21.00
Perm	33.00

## Colours -

### including cut and finish

Full Head Foil & Tint	
<i>Short</i> 75.00	<i>Med.</i> 80.00 <i>Long</i> 85.00
Half Head Foil & Tint	
<i>Short</i> 63.50	<i>Med.</i> 68.50 <i>Long</i> 73.00
Full Head Foils	
<i>Short</i> 63.50	<i>Med.</i> 68.50 <i>Long</i> 73.50
Half Head Foils	
<i>Short</i> 48.50	<i>Med.</i> 53.50 <i>Long</i> 58.50
Semi	
<i>Short</i> 33.50	<i>Med.</i> 38.50 <i>Long</i> 43.50
Tint	
<i>Short</i> 43.50	<i>Med.</i> 48.50 <i>Long</i> 53.50
Bleach Wash	per hour 20.00
Toner	10.00
Cap Highlights	35.00
Perm	40.00

## Treatments

Shampoo/condition with **Wella Luminous range**. Nourish and lock hydration 5.00

Shampoo/condition with **Wella Luminous range** with Reboost Elixir to nourish and replenish hair - incl. head massage 7.00

**Wella Luminous** Full treatment and take away a complimentary Reflective Oil for instant luminosity at home 10.00

## Additional

Sew in Extensions	
Per Row - 30 mins	20.00
Extensions Removal	10.00
Extra Colour	5.00

# Urban Calm Nails

## NAIL ENHANCEMENTS

Sculptured Acrylics	30.00
Acrylic Tips	28.00
Infill	18.50
Re-white	24.50
Repairs in appointment	1.00
Repairs not in appointment	2.50
Nail Wraps	20.00
Acrylic Toes	25.00
Toe Infill	18.00

## Gel Polish

French Finish	20.00
Colour Finish	20.00

## Extras

Nail Art (basic)	5.00
Nail Art (detailed)	10.00

## MANICURES/PEDICURES

### Manicures

Spa Manicure (60min) with heated mitts	25.00
Manicure (30min)	16.00
Manicure with French Polish (45min)	18.00
File and Polish (15min)	9.50
File and French Polish (15min)	10.50
Add on Gel to any manicure	10.00

### Pedicures

Spa Pedicure (60min) with heated booties	25.00
Pedicure (30min)	18.00
Pedicure with French Polish (45min)	20.00
Toe File and Polish (15mins)	9.50
Toe File and French Polish (15min)	10.50
Add on Gel to any manicure	10.00

### Callus Peel (30 mins)

20.00

*Softens and removes hard calluses quickly, leaving feet feeling soft and rejuvenated.*

Add on Callus Peel to any pedicure	10.00
------------------------------------	-------

## Urban Calm Tanning

### Spray Tan

Half Body	15.00
Full Body	18.50
4 Hour Fast Drying Tan	20.00

## Urban Calm Grooming

### Waxing

Full Leg	19.00
Half Leg	14.00
Threequarter Leg	16.00
Under Arm	9.00
Eyebrow	8.00
Lip or Chin	8.00
Arm Wax	11.00
Back Wax	17.00
Chest Wax	16.00

### Bikini Area

Brazilian/Hollywood	26.00
Maintenance	16.00
Standard Bikini	14.00
Extended Bikini	20.00

### Combination Waxing

Full Leg and Bikini	27.00
Half Leg and Bikini	22.00
Lip and Chin	12.00
Lip and Eyebrow	12.00
Lip, Brow and Chin	18.00

### PRECISION HOT WAXING

*It's not just about what we remove, but what's left behind - healthy and less irritated skin! By sticking to the hairs, rather than the skin, it makes for a less painful and more gentle experience.*

Brazilian / Hollywood	30.00
Standard Bikini	16.00
Under Arm	15.00
Eyebrow	10.00
Lip	10.00
Chin	10.00

## Urban Calm Make Up

Full Face Make Up	20.00
Full Face Make Up with Strip Lashes	25.00
Eye Make Up	15.00
Add on Weekend Lash Extensions	7.00

## Lash Out! Lashes at Urban Calm

### Lashout Lashes

*Urban Calm's very own Semi Permanent Eye Lash Extensions*

Full set (90 mins)	50.00	Infills (per 30 mins)	17.00
Infills (per 60 mins)	30.00		

### Russian Volume Lashes

Full set (2 hrs)	70.00	Infills (30 mins)	18.00
Infills (60 mins)	32.00		

## Urban Calm Brows

Eyelash Tint	8.00	Brow tint and wax	13.00
Eyebrow Tint	8.00	Lash tint, brow tint and wax	18.50

### Weekend Lash Extensions

Half Set	7.50
Full Set	12.50

**LVL Volume Lash Lift** (45 mins) 35.00

*By curling your lashes straight from the root, the LVL Lash Lift gives you the appearance of longer, thicker lashes. We also include a lash tint for extra drama! No mascara. No messing. Just perfect lashes from the moment you wake up.*

# Urban Calm Facial Skincare

Whether you need a quick pick-me-up or an in-depth skin treatment, our Dermalogica skin treatments are completely tailored to your skin's needs. Redefining the 'spa facial'.

## Face Mapping

A service we offer to help you realise your skin goals and concerns, and find products that will truly work for you.

Complimentary

## ProSkin 30 (30 mins)

Targeting your key skin concerns for maximum impact in minimum time, combats pressing skin issues like breakouts, dullness, and tired eyes for immediate results. We also include our LED light therapy mask if needed on individuals.

30.00

## ProSkin 60 (60 mins)

The ultimate Dermalogica experience, customised with advanced products, techniques and technology in an environment made for relaxation. Completely personalised to your skin and different every time.

40.00

## ProSkin 75 (75 mins)

All the benefits of our ProSkin60, with added treatment time for touch therapy. Touch therapy increases circulation, eliminates toxins and congestion through working on pressure points

50.00

## Biosurface Peel (60 mins)

A professional chemical peel by Dermalogica, designed to resurface the skin with minimal recovery time. The unique, multi-phase approach works with the skin's biology to safely remove the dull outer layers of skin and accelerate cell renewal.

In general, BioSurface Peel can be tailored to address:

- Skin roughness
- Fine lines
- Acne breakouts
- Hyperpigmentation

55.00

*\*\*Patch test required*

## LED Light Therapy (20 mins)

Our Illumination Mask has the technology to treat a variety of skincare concerns with its non-invasive nature to give you better skin from within. With two lights targeting either acne breakouts or anti ageing.

30.00

• • **All treatments times include setup, changing and consultation**

## CRYSTAL CLEAR MICRODERMABRASION

The treatment of choice for so many celebrities - offering a safe and controlled method of skin resurfacing. An effective and progressive solution to wrinkles, open pores, pigmentation, blackheads, acne scars and much more

<b>Crystal Clear Beauty Flash</b>	20mins - 25.00
<b>Crystal Clear Beauty Flash and Correction</b>	45mins - 30.00
<b>Crystal Clear Deluxe Facial</b>	60mins - 42.50

## Urban Calm Body Treatments

### Body Massage

Back, Neck and Shoulder	20min	18.00
Scalp and Facial Massage	30min	23.00
Back, Neck, Shoulder and Scalp Massage	45min	25.00
Mother-to-be	45min	25.00
Full Body Massage	60min	30.00
Full Body Deep Tissue Massage	60min	35.00

*(Aromatherapy oils can be used on request)*

### Lava Shell Massage

Hydrating oils are used with the heated tiger calm shells from the tropics to relieve the deepest aches, pains, stress and tension away.

Lava Shell Back Neck and Shoulder	30min	25.00
Lava Shell Full Body Massage	60min	40.00

### Dermalogica Body Scrub

Scrub away impurities and uneven skin tones with our Dermalogica body scrub. Skin will feel smoother and more hydrated.

45min	30.00
-------	-------

## Urban Calm Packages

<b>Bridal Treatment</b>	2 hours	65.00
<i>Full set acrylics, gel polish pedicure and spray tan</i>		

<b>Pregnant Mama</b>	2 hours	50.00
<i>Full body massage including scalp and facial massage and spa pedicure</i>		

**Treatments by request - create your own. Ask in salon for further details.**



Firmly established as North Liverpool's go-to hair and beauty destination, Urban Calm has been making Liverpool ladies beautiful for over 10 years.

You can be sure of high quality treatments from our team of friendly and professional experts.

**Opening times:**

Monday 10.00 - 6.00

Tuesday 10.00 - 8.00

Wednesday 10.00 - 8.00

Thursday 10.00 - 8.00

Friday 10.00 - 6.00

Saturday 10.00 - 6.00

Sunday 11.00 - 5.00

***Deposits are required on all treatments  
1 hour and over***

*We advise that all services using  
tints or glue require a patch test  
48 hours prior to treatment*